

12th Annual MSTKD Open Tournament

May 02 2015



TRINITY HIGH SCHOOL
581 Bridge St
MANCHESTER, NH

Registration begins at 8am
Black belt meeting at 9:30am
Competition begins at 10:00am
Pre-register by April 25th for discount

Tournament Events

*Sparring Weapons Kata
Breaking Traditional Kata
& Team Championship Competition*

For additional applications and information, please visit us at
www.mstkd.com

Winning is for a day. Sportsmanship lasts a lifetime.

I am pleased to welcome all competitors and spectators to the 12th annual MSTKD Open. We look forward to providing a safe and memorable tournament experience.

All profits from the tournament are donated to Emily's Place, a safe shelter for victims of domestic abuse. We thank you in advance and appreciate your continued support!

Master Richard Higgins

Directions

From North: Follow 93 South to exit 8 (Wellington Road/Bridge St). Take right at end of exit.

Go through next set of lights. Trinity High School is immediately on your left

From South: Follow 93 north to exit 8 (Wellington Road/Bridge St) Bear right at end of exit.

Go straight through next two sets of lights. Trinity High School is immediately on your left.

From East: Follow 101 West to 93 North. Get off at exit 8. Bear right at end of exit.

Go straight through the next two sets of lights. Trinity High School is immediately on your left.

From West: Follow 101 East to 93 South. Get off at exit 8. Bear right at end of exit.

Go straight through the next two sets of lights. Trinity High School is immediately on your left.

Parking is available on the side and back of the building.

Notes to Parents and Guardians

- A concession area is available to purchase food during the day
- Please refrain from bringing food into the gym.
- Tournament fees are by cash or check only
- Photography and videotaping is allowed as long as non-competitors do so from designated areas.
- Please feel free to contact Master Higgins with any questions.

Tournament Fee Schedule

Our fee schedule is designed to support family discounts. A family entering 2 or more immediate family members can take advantage of the savings by using the chart below.

When any competitor enters 3 events, they may also enter the 4th event at no additional cost.

These events include Empty Hand katas, Weapons katas, Breaking, and Sparring competitions, but do not include the Team Champions competition, which is set at a fixed fee per team.

Pre-registration Event Rates and Family Discount

Pre-Register by mail

Full payment must be sent in with pre-registration. **(Postmarked by April 25th)**
Manchester School of Tae Kwon Do, 306 Pickering St, Manchester, NH 03104
Check or Money Order only (Do NOT send cash in the mail)
Make checks payable to: Manchester School of Tae Kwon Do

Number of Family members competing	3 or more events (price per person)	2 events (price per person)	1 event (price per person)
1 person	\$45	\$35	\$25
2 persons	\$35	\$25	\$20
3 or more persons	\$25	\$20	\$15

Tournament Same Day Registration Event Rates and Family Discount

Number of Family members competing	3 or more events (price per person)	2 events (price per person)	1 event (price per person)
1 person	\$55	\$45	\$35
2 persons	\$45	\$35	\$30
3 or more persons	\$35	\$30	\$25

Spectator Fee is \$5.00 for adults and \$3.00 for children 12 or under
Any questions regarding fee schedule (Pre-registration or Same Day)

Please email MasterHiggins@mstk.com

Competitor Rules and Requirements

Students should rank themselves for competition in all events using the following guidelines:

- Beginner:** Less than 1 year training, typical rank is White / Yellow belt level
Intermediate: One to two years training, typical rank is Green / Blue belt level
Advanced: Two or more years training, a typical rank is Brown & Red belt level.

Different schools and styles use different belt color rank systems. If you have any questions regarding which category you should be competing in, consult with your instructor or a tournament director.

Competition Evens Overview

Empty Hand Kata

Males and females will compete together in this category. Forms should be traditional Kata, as practiced in your style. Competitors will be judged on balance, power, concentration, and overall correctness of the form and technique applications.

Weapons Kata

Males and females will compete together in this category. Competitors may demonstrate either traditional or non traditional weapons forms. No external props, such as music or special lighting shall be allowed. Competitors will be judged on balance, power, concentration, and weapon technique and control. This is a single competitor event. Any weapon deemed unsafe or in poor repair may be disqualified from competition by the head referee without contest. However, the competitor is still allowed in the event if he or she can secure another weapon

Weapons should not make contact with the floor during the Kata, except as part of the Kata. If so, the judges must be informed in advance. **Bladed weapons will be allowed** in competition so long as they are dulled or taped, to avoid personal injury or damage to the facility. This means no LIVE or SHARP blades.

Breaking

Males and females will compete together in this category. Breaking material will be wood only. Recommended dimensions are a 12" board cut at 8", #1 or #2 pine. Competitors will be given up to 3 opportunities to complete their break. Competitors declaring a combination break must demonstrate the break as such, with no pause or additional set up between breaks. The head referee may disallow any break deemed unsafe to the competitor or a break that may cause damage to the facility or other persons or property.

Adults will be available as holders for younger students.

Sparring

Males and females will compete **separately** in this event.

Safety equipment in good repair is required. This includes Foam headgear, foam hand gear, and foam footgear. Males are required to wear a protective cup. All students should have a mouth guard. Sparring is contained within the marked ring boundaries. The head referee may disallow or disqualify competitors without contest. Competitors are expected to display control and sportsmanship and respect to the officials at all times.

Tournament rules and guidelines

This sheet represents the general rules and guidelines to be followed during this tournament. Specific rules, common practices, and/or restrictions will be discussed during the Black Belt meeting before the start of the Tournament.

Overall Tournament

- Proper uniform is required.
- Competition divisions --- See Competitors Rules and Requirements
- Remember – you are representing not only yourself, but your school, and your Instructors

Traditional Kata

- If a competitor stops their Kata, one restart will be allowed. One point will be deducted from each judges overall score in the event of a restart.
- In the event of a tie, competitors may demonstrate a different Kata. (Students that know only one Kata may repeat it).
- Competitors will NOT be penalized if their kata takes them out of the marked ring.

Weapons Kata

- Competitors must maintain control of weapon at all times.
- If competitor drops or loses control of the weapon, this is a disqualification.
- Bladed weapons are allowed within published safety guidelines.

Breaking

- Breaking material is wood only.
- Safety first. Protect other competitors and spectators from any debris caused by your break.
- Following your break, clean up your breaking material and bring it with you
- Non Black Belt competitors will be allowed only one type of break.
- Competitors have a maximum of 3 attempts to complete their break.
- Competitors may attempt a combination break (continuous with no set-up in between).
- Black belts will be allowed 2 stations for two separate breaks.

Sparring

- Sparring is Non-contact. Contact to the head, face, or any restricted areas will result in a warning, loss of point, or disqualification.
- Infractions are carried forward through succeeding matches
- Student matches will be 3 points. Black belt matches will be 5 points.
- Sweeps, throws, grabs, or locking techniques are not permitted.
- Attacking a competitor on (or from) the ground is not permitted.
- Competitors are expected to show control and courtesy in their matches.